



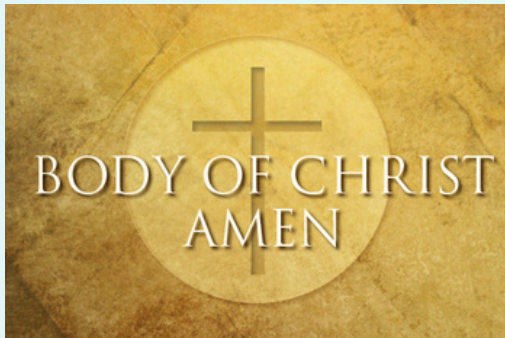
We are a welcoming Christian community which embraces all people.  
We support each other to grow in faith and create a loving and compassionate community.  
We aspire to live as Christ's witnesses of God's unconditional love.



## THE SOLEMNITY OF THE MOST HOLY BODY AND BLOOD OF CHRIST ('CORPUS CHRISTI') THE TWELVETH WEEK IN ORDINARY TIME

22 - 6 - 25

This week: Gen. 14:18-20; 1 Cor. 11:23-26; Luke 9:11-17  
Next week: Acts 12:1-11; 2 Tim. 4:6-8, 17-18; Matt. 16:13-19



Today's feast celebrates the great mystery which lies at the heart of our Christian week - the celebration of the Eucharist.

There's no coincidence about the fact that this feast comes just one week after Trinity Sunday and just two weeks after the end of the Easter Season:

because in the Eucharist we *encounter* God who is Trinity, and it's through the Easter mystery that we first *experience* God as Trinity:

the Father who reaches out in love to the world,  
the Son who became flesh, who reveals the face of the Father,  
the Spirit, the bond of love between the Father & the Son who gathers us into unity and draws us,  
as a communion of human beings, into the communion which is God.

The Eucharist is the very mystery of God breaking into our midst.

The Eucharist is our being drawn into the deepest inner life of God who is communion, who is Trinity.

The Eucharist is our call to live in the image and likeness of the God who created us:  
as a communion, as a loving fellowship, as a Church.

Fr Colin

*The Eucharist is the bread that gives strength... It is at once the most eloquent proof of God's love and the most powerful means of fostering God's love in us. God gives Himself every day so that our hearts as burning coals may set afire the hearts of the faithful.*

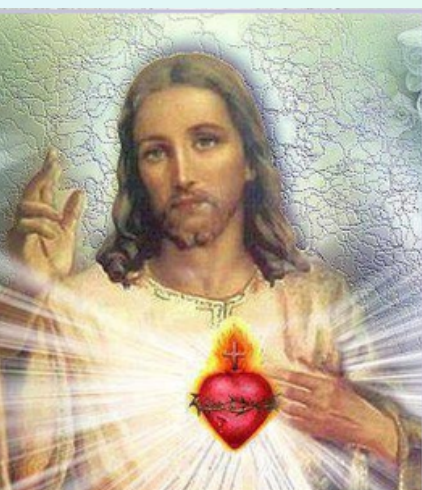
*Saint Damien of Molokai*

### Why not join the Parish Book Group?

A great group of people who meet once a month in the Library of our Shirley Wallace Parish Centre for a coffee and a chat about the book of the month.



If you'd like to be added to the email list to receive updates about gatherings please contact Catherine Willis ([catherinecwillis@gmail.com](mailto:catherinecwillis@gmail.com)) or Elizabeth Reedy ([elizabethreedy@msn.com](mailto:elizabethreedy@msn.com)).



19 days after Pentecost Sunday, this Friday 27th is the Solemnity of the Most Sacred Heart of Jesus.

The Mass will be celebrated at the Lindfield church to recall the wonders of his love and overflowing measure of grace for us.

**WE NEED YOU**

## Catechists

Have you thought about assisting a Catechist / Special Religious Education Teacher, or becoming an SRE teacher?

- Catholic Scripture classes teach God's Word to students in state primary schools and high schools.
- There are vacancies currently in state primary schools within the parish.
- Catechists assist with providing information to families and students regarding the Sacramental Program at the parish.
- Class preparation is minimal: teacher and student manuals are provided containing lesson plans; training and additional resources are provided.
- Classes are half an hour in school terms, mainly on Tuesdays - Thursdays in the morning.
- Catechist Co-ordinator Karen happily provides support to assist new teachers.

**CONTACT KAREN BY EMAIL:**  
[catechists@lindfieldkillara.org.au](mailto:catechists@lindfieldkillara.org.au)




# Fr Hien and Mission Broken Bay warmly invite you

to journey for an extraordinary, faith-filled ten day pilgrimage to Assisi and Rome. Breathe in the beauty of Assisi, walk in the footsteps of Saint Francis and Saint Clare, visit the tomb of Bl Carlos Acutis, pay a personal tribute at the resting place of Pope Francis, walk through the Holy Doors of the Papal Basilicas, and join the Papal Mass.

**Registrations closing soon**

Enquiries & information:

**mission@bbcatholic.org.au**



**Broken Bay Jubilee Pilgrimage of Hope**

ROME and ASSISI  
1 - 10 October 2025

*Registrations are closing soon*  
*Don't miss this once in a lifetime journey!!*  
mission@bbcatholic.org.au



AS WE CELEBRATE SEMINARIANS JUBILEE  
JOIN US FOR

## VOCATION EVENING

4:45pm – Meet at Eastern Hill, Manly  
5:00pm – Pilgrimage to St Mary's Manly  
6:00pm – Inspiring vocation testimonies  
6:30pm – Adoration of the Blessed Sacrament and Taize  
7:30pm – Dinner Celebration in Manly Parish Hall

**BOOKINGS ESSENTIAL: Call Parish Office: 9977 5822 or scan QR code**

## Vocations Broken Bay warmly invites you to

a special Vocation Evening in celebration of the Seminarian's Jubilee at Manly Parish.

Date: **Tuesday, 24 June 2025**

Time: **4:45 PM start**

Location: **Eastern Hill, Manly**

**Booking is essential; see above for details**



**See page 6 of this bulletin for dates**

## Playgroup

Preschoolers, parents and carers, come and join us at Holy Family, Lindfield for weekly play sessions.

Two Fridays monthly per Parish calendar

9:00am - 10:30am

**Meet at Holy Family School**

*\*Playgroup will not run during school holidays.*  
www.hflddb.catholic.edu.au | (02) 7256 2141  
4 Highfield Road Lindfield 2070

Although the Eucharist is celebrated solemnly every day, we deem it fitting that at least once a year it be celebrated with greater honor and a solemn commemoration. Indeed we grasp the other things we commemorate with our spirit and our mind, but this does not mean that we obtain their real presence. On the contrary, in this sacramental commemoration of Christ, even though in a different form, Jesus Christ is present with us in his own substance. While He was about to ascend into Heaven he said "And behold, I am with you always, until the end of the age" (Matthew 28:20).

on Solemnity of Corpus Christi, **Pope Urban IV**



As we gather in worship on this day we acknowledge the Traditional Owners of the land on which our parish is found. We also pay our respects to Elders past and present.

## Food for the spirit CARING FOR OUR SOUL

*“Everything that the Father has is mine; for this reason I told you that”*

What does it profit you if you gain the whole world but suffer the loss of your own soul?

Jesus taught that and, I suspect, we generally don't grasp the full range of it meaning. We tend to take Jesus' words to mean this: what good is it if someone gains riches, fame, pleasure, and glory and then dies and goes to hell? What good is earthly glory or pleasure if we miss out on eternal life?

Well, Jesus' teaching does mean that, no question, but there are other lessons in this teaching that have important things to teach us about health and happiness already here in this life. How do we lose our souls? What does it mean “to lose your soul” already in this world? What is a soul and how can it be lost?

Since a soul is immaterial and spiritual it cannot be pictured. We have to use abstract terms to try to understand it. Philosophers, going right back to Aristotle, have tended to define the soul as a double principle inside every living being: for them, the soul is both the principle of life and energy inside us as well as the principle of integration. In essence, the soul is two things: It's the fire inside us giving us life and energy and it's the glue that holds us together. While that sounds abstract, it's anything but that because we have first-hand experience of what this means.

If you have ever been at the bedside of a dying person, you know exactly when the soul leaves the body. You know the precise moment, not because you see something float away from the body, but rather because one minute you see a person, whatever her struggle and agony, with energy, fire, tension in her body and a minute later that body is completely inert, devoid of all energy and life. Nothing animates it anymore. It becomes a corpse. As well, however aged or diseased that body might be, until the second of death it is still one integrated organism.

But at the very second of death that body ceases to be one organism and becomes instead a series of chemicals which now begin to separate and go their own ways. Once the soul is gone, so too are gone all life and integration. The body no longer contains any energy and it's no longer glued together.

And since the soul is a double principle doing two things for us, there are two corresponding ways of losing our souls. We can have our vitality and energy go dead or we can become

unglued and fall apart, petrification or dissipation, in either case we lose our souls.

If that is true, then this very much nuances the question of how we should care for our souls. What is healthy food for our souls? For instance, if I am watching television on a given night, what's good for my soul? A religious channel? A sports channel? A mindless sitcom? The nature channel? Some iconoclastic talk-show? What's healthy for my soul?

This is a legitimate question, but also a tricky one. We lose our soul in opposite ways and thus care of the soul is a refined alchemy that has to know when to heat things up and when to cool things down: what's healthy for my soul on a given night depends a lot upon what I'm struggling with more on that night: am I losing my soul because I'm losing vitality, energy, hope, and graciousness in my life? Am I growing bitter, rigid, sterile, becoming a person who's painful to be around?

Or, conversely, am I full of life and energy but so full of it that I am falling apart, dissipating, losing my sense of self? Am I petrifying or dissipating? Both are a loss of soul. In the former situation, the soul needs more fire, something to rekindle its energy. In the latter case, the soul already has too much fire; it needs some cooling down and some glue.

This tension between the principle of energy and the principle of integration within the human soul is also one of the great archetypal tensions between liberals and conservatives. In terms of an oversimplification, but a useful one, it's true to say that liberals tend to protect and promote the energy-principle, the fire, while conservatives tend to protect and promote the integration-principle, the glue. Both are right, both are needed, and both need to respect the other's instinct because the soul is a double principle and both these principles need protection.

After we die we can go to heaven or hell. That's one way of speaking about losing or saving our souls. But Christian theology also teaches that heaven and hell start already now. Already here in this life, we can weaken or destroy the God-given life inside us by either petrification or dissipation. We can lose our souls by not having enough fire or we can lose them by not having enough glue.

*Fr Ron Rolheiser OMI (from the Centre for Liturgy, University of St Louis)*

### Today's Celebration — Solemnity of the Most Holy Body and Blood of Christ

Of the greatest and most valuable treasures one could obtain in this world, nothing is more precious, more sacred, and more valuable than the Most Holy Body and Blood, Soul and Divinity of Jesus Christ, our Sovereign and Eucharistic Lord. Millions, billions, or even hundreds of trillions of dollars do not come close to the infinite value and transforming power of the Body and Blood of Christ. No amount of earthly wealth can buy happiness, but the Eucharist bestows it freely. No amount of money can purchase Heaven, but the Eucharist transforms you into a member of the Body of Christ Whom you consume, leading you to Heaven. At the end of our lives, when we stand before the Just Judge, we will realise the transforming power of this Gift. Those who adored Him and received Him faithfully in Communion will be forever grateful they did.

## Hymns for the Most Holy Body and Blood of Christ

### ENTRANCE: Table of Plenty

**Refrain** Come to the feast of heaven and earth!

Come to the table of plenty!  
God will provide for all that we need,  
here at the table of plenty.

O come and sit at my table  
where saints and sinners are friends.  
I wait to welcome the lost and lonely  
to share the cup of my love.

My bread will ever sustain you  
through days of sorrow and woe.  
My wine will flow like a sea of gladness  
to flood the depths of your soul.

*Dan Schutte ©1992, OCP.\**

### DEDICATION OF THE GIFTS: One Bread, One Body

**Refrain** One bread, one body, one Lord of all,  
one cup of blessing which we bless. And we, though many,  
throughout the earth, we are one body in this one Lord.

Gentile or Jew, servant or free, woman or man, no more. **R**

Many the gifts, many the works, one in the Lord of all. **R**

Grain for the fields, scattered and grown,  
gathered to one, for all. **R**

*John Foley ©1978, OCP.\**

### COMMUNION: Godhead Here in Hiding

Godhead here in hiding whom I do adore  
Masked by these bare shadows, shape and nothing more.  
See, Lord, at thy service low lies here a heart  
Lost, all lost in wonder at the God thou art.

Seeing, touching, tasting are in thee deceived;  
How says trusty hearing? that shall be believed;  
What God's Son has told me, take for truth I do;  
Truth himself speaks truly or there's nothing true.

On the cross thy Godhead made no sign to men;  
Here thy very manhood steals from human ken:  
Both are my confession, both are my belief,  
And I pray the prayer of the dying thief.

I am not like Thomas, wounds I cannot see,  
But can plainly call thee Lord and God as he:  
This faith each day deeper be my holding of,  
Daily make me harder hope and dearer love.  
O thou, our reminder of Christ Crucified,  
Living Bread, the life of us for whom he died,  
Lend this life to me, then; feed and feast my mind,  
There be thou the sweetness we were meant to find.

Jesus whom I look at shrouded here below,  
I beseech thee, send me what I long for so,  
Some day to gaze on thee face to face in light  
And be blest forever with thy glory's sight. Amen.

*St. Thomas Aquinas, ca. 1261-64, alt; tr. by Gerard Hopkins (1844-99),  
alt. Music: Paris Processionale, 1697*

### RECESSIONAL: God's Spirit is in My Heart (Go Tell Everyone)

God's spirit is in my heart  
God has called me and set me apart  
This is what I have to do, what I have to do

#### Refrain

He has sent me to give the Good News to the poor,  
Tell prisoners that they are prisoners no more,  
Tell blind people that they can see,  
And set the downtrodden free. And go tell everyone  
the news that Kingdom of God has come,  
And go tell everyone  
the news that God's Kingdom has come.

Just as the Father sent me,  
So I'm sending you out to be  
My witnesses throughout the world,  
The whole of the world. **R**

Don't worry what you have to say,  
Don't worry because on that day  
God's Spirit will speak in your heart,  
Will speak in your heart. **R**

*A. Dale, H.J. Richards ©1982, Kevin Mayhew\*\**

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## Hymns for the Children's Mass

### ENTRANCE: All are Welcome

Let us build a house where love can dwell  
And all can safely live, a place where saints and children tell  
How hearts learn to forgive  
Built of hopes and dreams and visions  
Rock of faith and vault of grace  
Here the love of Christ shall end divisions

**Chorus:** All are welcome, all are welcome  
All are welcome in this place

Let us build a house where prophets speak  
And words are strong and true  
Where all God's children dare to seek  
To dream God's reign anew  
Here the cross shall stand as witness  
And as symbol of God's grace  
Here as one we claim the faith of Jesus. **(Chorus)**

Let us build a house where love is found  
In water, wine and wheat. A banquet hall on holy ground  
Where peace and justice meet  
Here the love of God, through Jesus  
Is revealed in time and space  
As we share in Christ the feast that frees us. **(Chorus)**

*Marty Haugen ©1994, GIA Publications Inc.\**

### DEDICATION OF THE GIFTS: Here I am, Lord

I, the Lord of sea and sky, I have heard My people's cry.  
All who dwell in dark and sin My hand will save.  
I, who made the stars of night,  
I will make their darkness bright.  
Who will bear My light to them? Whom shall I send?

**Chorus:** Here I am Lord. Is it I Lord?  
I have heard You calling in the night. I will go Lord,  
if You lead me, I will hold Your people in my heart.

I, the Lord of snow and rain, I have borne My people's pain.  
I have wept for love of them. They turn away.  
I will break their hearts of stone, give them hearts for love alone.  
I will speak My word to them. Whom shall I send? **(Chorus)**  
I, the Lord of wind and flame, I will tend the poor and lame.  
I will set a feast for them. My hand will save.  
Finest bread I will provide till their hearts be satisfied.  
I will give My life to them. Whom shall I send? **(Chorus)**

*Dan Schutte ©1981, OCP.\**

### COMMUNION: Open My Eyes

Open my eyes Lord, help me to see Your face  
Open my eyes Lord, help me to see  
Open my ears Lord, help me to hear Your voice  
Open my ears Lord, help me to hear

Open my heart Lord, help me to love like You  
Open my heart Lord, help me to love

I live within You, deep in Your heart, O Lord  
I live within You, rest now in me

*Jesse Manibusan ©1988, OCP.\*\**

### RECESSIONAL: Go Make a Difference

**Chorus:** Go make a difference we can make a difference  
Go make a difference in the world **[Repeat]**

We are the salt of the earth, called to let the people see  
the love of God in you and me  
We are the light of the world, not to be hidden but be  
seen. Go make a difference in the world. **(Chorus)**

We are the hands of Christ reaching out to those in need,  
the face of God for all to see.

We are the spirit of hope; we are the voice of peace. Go  
make a difference in the world. **(Chorus)**

*S. Angrisano, T. Tomaszek ©1997, spiritandsong.com\*\**



Gloria

Glory to God in the highest,  
and on earth peace to people of good will.  
We praise you, we bless you,  
we adore you, we glorify you,  
we give you thanks for your great glory,  
Lord God, heavenly King, O God, almighty Father.

Lord Jesus Christ, Only Begotten Son,  
Lord God, Lamb of God, Son of the Father,  
you take away the sins of the world, have mercy on us;  
you take away the sins of the world, receive our prayer;  
you are seated at the right hand of the Father,  
have mercy on us.

For you alone are the Holy One, you alone are the Lord,  
you alone are the Most High, Jesus Christ,  
with the Holy Spirit, in the glory of God the Father.  
*Amen*

THE PSALM Ps 109:1-4

The Lord’s revelation to my Master:  
‘Sit on my right:  
I will put your foes beneath your feet.’

The Lord will send from Zion  
your sceptre of power:  
rule in the midst of all your foes.

A prince from the day of your birth  
on the holy mountains;  
from the womb before the daybreak I begot you.

The Lord has sworn an oath he will not change.  
‘You are a priest for ever,  
a priest like Melchizedek of old.’

The Apostles’ Creed

I believe in God,  
the Father almighty,  
Creator of heaven and earth,  
and in Jesus Christ, his only Son, our Lord,  
**(all bow at the following words in bold):**  
**who was conceived by the Holy Spirit,**  
**born of the Virgin Mary,**

suffered under Pontius Pilate,  
was crucified, died and was buried;  
he descended into hell;  
on the third day he rose again from the dead;  
he ascended into heaven,  
and is seated at the right hand  
of God the Father almighty;  
from there he will come to judge the living and the dead.

I believe in the Holy Spirit,  
the Holy Catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and life everlasting. Amen

GOSPEL ACCLAMATION (John 6:51-52)

Alleluia, alleluia! I am the living bread from heaven, says the  
Lord; whoever eats this bread will live for ever. Alleluia!

MEMORIAL ACCLAMATION

Save us, Saviour of the world, for by your Cross and  
Resurrection you have set us free.

Fr Richard Rohr OFM’s Meditation:

THE POWER OF STILLNESS

Inaction sometimes is the greatest action we can take.  
Stillness is sometimes the most important move we can  
make.

—Charles Lattimore Howard, *Pond River Ocean Rain*

*Howard Thurman (1899–1981) offers instructions for  
practicing stillness and silent meditation:*

We must find sources of strength and renewal for our own  
spirits, lest we perish.... It is very much in order to make  
certain concrete suggestions in this regard. First, we must  
learn to be quiet, to settle down in one spot for a spell.  
Sometime during each day, everything should stop and the  
art of being still must be practiced. For some  
temperaments, it will not be easy because the entire  
nervous system and body have been geared over the years  
to activity, to overt and tense functions. Nevertheless, the  
art of being still must be practiced until development and  
habit are sure. If possible, find a comfortable chair or quiet  
spot where one may engage in nothing. There is no reading  
of a book or a paper, no thinking of the next course of  
action, no rejecting of remote or immediate mistakes of the  
past, no talk. One is engaged in doing nothing at all except  
being still. At first one may get drowsy and actually go to  
sleep. The time will come, however, when one may be quiet  
for a spell without drowsiness, but with a quality of creative  
lassitude that makes for renewal of mind and body. Such  
periods may be snatched from the greedy demands of

one’s day’s work; they may be islanded in a sea of other  
human beings; they may come only at the end of the day, or  
in the quiet hush of the early morning. We must, each one  
of us, find [our] own time and develop [our] own peculiar art  
of being quiet.

*Chaplain Charles Lattimore Howard shares the importance  
of stillness in his faith journey:*

Being still has been a necessary part of my walk. Stillness, I  
should add, is not for me the same as emptiness. While the  
waters of the pond might be still on the surface, there is  
much life moving within. Life is within. Love is within!

When I am still I do not empty myself. I would rather be  
filled with love than have nothing within. And being still  
allows for this to happen, or rather being still allows for you  
and I to notice that this has happened already. The love is  
there within us, even now. Yet sometimes the waves of life  
rage so incessantly that it is difficult to see or feel that love.

Pausing and being still enough to notice love within and  
around is a deeply powerful and countercultural act.... In the  
case of most of contemporary society, stillness is a  
prophetic act, defying that which demands that we move  
quickly and move upward. It challenges the notion that it is  
better to be busy and occupied. It refuses the call to be  
constantly distracted and perpetually plugged in.

## Sunday Mass

### Killara Church

5:30pm Vigil  
9.00am\*

### Lindfield Church

6.00pm Vigil 8.30am 10.15am\*\*  
12noon Chinese Mass 6:00pm Youth Mass\*\*\*

\* Morning Tea follows the 9am Mass at Killara on the 1st Sundays

\*\* The 10:15am Mass on the 2nd & 4th Sundays is a Children's Mass, featuring our Children's Choir (followed by morning tea).

\*\*\* On the 3rd Sunday of the month the 6pm Youth Mass is followed by a Parish Pot Luck Dinner in St Brigid's Hall.

### Weekday Mass this week

Mon. **NO MASS**

Tues. 8am Killara (Solemnity - The Nativity of St John the Baptist)

Wed. 10am Lindfield

Thurs. 10am Lindfield

Fri. 10am Lindfield **whole school's Mass** (Feast - Most Sacred Heart of Jesus)

### The Ordinariate of Our Lady of the Southern Cross (gathering in our church at Killara):

**Mass** Wednesday 6pm (preceded by Exposition from 5pm)

Thursday 9am Friday 9am Sunday 12 noon

**Evensong** 4th Sunday of the month 4pm

## Sunday Mass Roster

### SATURDAY

Lindfield 6:00PM  
Killara 5:30PM

### 21 JUNE

Fr Thomas  
Fr Anselam

### 28 JUNE

Fr Thomas  
Fr Hien

### SUNDAY

Lindfield 8:30AM  
Killara 9:00AM  
Lindfield 10:15AM  
Lindfield 12:00PM  
Lindfield 6:00PM

### 22 JUNE

Fr David Strong  
Fr Anselam  
Fr Thomas  
Fr Anselam  
Fr Thomas

### 29 JUNE

Fr Thomas  
Fr David Strong  
Fr Thomas  
Chatswood Priest  
Fr Hien

## How to contact us

**Fr Thomas Alackakunnel VC, Parish Administrator**

thomas.alackakunnel@bbcatholic.org.au 0421 406 162

**Fr Stephen Hill, Priest-in-residence**

(voice only) 0474 303 261 fr.stephen@me.com

**Parish Office Hours: Tue-Fri. - 9.30am - 4pm**

**Postal address:** PO Box 22, Lindfield NSW 2070

**P:** 9416 3702 **E:** parishoffice@lindfieldkillara.org.au

**Parish Website:** www.lindfieldkillara.org.au

For all of our staff click on 'Our Parish' on the website.

**Holy Family School:** 4 Highfield Rd, Lindfield

**E** info@holyfamily.nsw.edu.au Ph.7256 2141

## Ways that you can support our parish

### Direct debit contributions from your bank A/C:

#### 1st Collection:

(providing for the priests of the parish & retired & sick clergy of the diocese):

BSB 062 784 Ac 10000 1624

#### 2nd Collection:

(providing for all the operating costs of the parish):

BSB 062 784 Ac 10000 1623

#### Credit card:

Scan this code & then select each of our two collections

#### Periodic payments from your credit card:

Just click on the hotlink box entitled 'Supporting parish finances' on our homepage (www.lindfieldkillara.org.au) or email accounts@lindfieldkillara.org.au for assistance.

The **Tap Machines** are available in our two churches.

## Parish Diary

**Every Wednesday:**

8:00am Meditation (online)

## JUNE

**Tue. 24th**  
**Wed. 25th**

PPC meeting  
10:00am Parish Book Group

## JULY

**Sun. 6th**

10:00am morning tea at Killara following Mass  
3:30pm Young Adults afternoon tea  
9:00am Playgroup at St Brigid's Hall  
10:00am Healing Mass and morning tea at Killara  
10:15am Children's Mass, followed by morning tea and C.O.G.

**Sun. 13th**

9:00am HSC Practice Camp  
11:00am Seniors Group

**Wed. 16th & Thu. 17th**  
**Fri. 18th**

### THE SACRAMENT OF RECONCILIATION

Saturdays for 15 mins after Vigil Mass at Killara

Saturdays 5.15 - 5.45pm at Lindfield

## Our Chinese Catholic Community

基督聖體聖血節 (節日) 22.6.2025

中文主日彌撒正午12時

讀經一 (默基瑟德帶來了餅酒。)

恭讀創世紀 14:18-20

那時候，至高者天主的司祭，撒冷王默基瑟德，帶來了餅酒，祝福亞巴郎，說：「願天地的主宰、至高者天主降福你！至高者天主既將你的敵人交於你手，願天主受讚美！」亞巴郎於是將所得的，拿出十分之一，給了默基瑟德。——上主的話。

答唱詠 詠110:1, 2, 3, 4

【答】：你照默基瑟德的品位，永做司祭！(詠110:4)

領：上主對我主起誓說：你坐在我右邊，等我使你的仇敵，變作你腳的踏板！【答】

領：上主由熙雍，伸出你的權杖：我要在你仇敵中，統治為王！【答】

領：神聖光輝的王位，在你誕生之日，已偕同你；在曉明之前，好似甘露，我即已生了你。【答】

領：上主一發了誓，決不反悔：你照默基瑟德的品位，永做司祭！【答】讀經二 (你們每次吃這餅，喝這杯，你們就是宣告主的死亡。)

恭讀聖保祿宗徒致格林多人前書

11:23-26

弟兄姊妹們：

這是我從主所領受的，我也傳授給你們：主耶穌在他被交付的那一夜，拿起餅來，祝謝了，擘開，說：「這是我的身體、為你們而犧牲的；你們應這樣做，為紀念我。」晚餐後，又同樣拿起杯來，說：「這杯是用我的血，所立的新約；你們每次喝，應這樣做，為紀念我。」

的確，直到主再來，你們每次吃這餅，喝這杯，你們就是宣告主的死亡。——上主的話。

福音前歡呼

領：亞肋路亞。

眾：亞肋路亞。

領：主說：我是從天上降下的、生活的食糧；誰若吃了這食糧，必要生活，直到永遠。(若6:51)

眾：亞肋路亞。

福音 (眾人吃了，也都飽了。)

恭讀聖路加福音 9:11-17

那時候，耶穌向群眾講論天主的國，並治好了那些急需治療的人。

天將要黑的時候，那十二人，前來對耶穌說：「請遣散群眾，叫他們到附近的村莊田舍，去投宿覓食，因為我們這裡是荒野。」

耶穌卻向他們說：「你們給他們食物吧！」

他們回答說：「我們只有五個餅和兩條魚，除非我們親自去給這些人購買食物。」原來男人已大約有五千。

耶穌於是對自己的門徒說：「叫眾人分組坐下，約五十人一組。」門徒就照樣做了，叫眾人坐下。

耶穌於是拿起那五個餅和兩條魚，望天，祝福了，擘開，遞給門徒，叫他們擺在群眾前。眾人吃了，也都飽了；他們把所剩下的碎塊，收集了十二筐。——上主的話。

彌撒後，請各教友參加午餐聚會

Sunday School主日學 12:00 (中英雙語)

\*\*牧職修女 司徒金美修女 0419-426899

\*\*北區中心聯絡 Gloria Cheung 0416-118089

## Lord, in Jesus your Son, you restored to us the gift of everlasting life. Grant that life to:

**Recently deceased:** John Kouvelis, Frank Dearn, John Caleo, Margaret McGiveren. **Anniversary:** Pamela Butler, Alan Betts, Edith Lehel, Erika Stanek, Andrina Lum, John Donnellan, Ruth Peel, John Quirk, Carmella Gallace, Joanna Wong & Joseph Kwong, Donald Drake.

**Please pray for those who are sick:** Margaret Doherty & her sister, Kath Kelly, Evelyn Jones, Elvira Escay Rodriguez, Mary Moran, Wolfgang Liers, Tanya Walsh, Jutta Mathur, Jessica Keen, Therese Playoust, Ali Crawford, Morna Sutherland, Barbara McMullen, William Wise, Janette Brennan.





St Vincent de Paul Society  
NSW *good works*

# VINNIES WINTER APPEAL JUNE 2025

This year the Parish is joining with Holy Family school to collect donations for the Metropolitan Vinnies Van Services. These services cater to those in need of a hot meal & drink and provide other assistance for those sleeping rough. In addition to our donations, some of our parishioners and parents have joined the Vinnies Van crew to help serve. If you're interested in joining them please contact the Parish Office for more info.

## Grocery Items needed for the Van

Mayonnaise	Sweet Mustard Pickles
Vegemite	Canned Tuna (lg tins)
Black tea bags	sealable sandwich bags
Coffee large tins	Sweet biscuits
Milo large tins	Toilet paper
Sugar 1 kg bags	Paper napkins
Margarine	Paper towel rolls
Long life Milk	Surface spray
Cordial	Dishwashing liquid

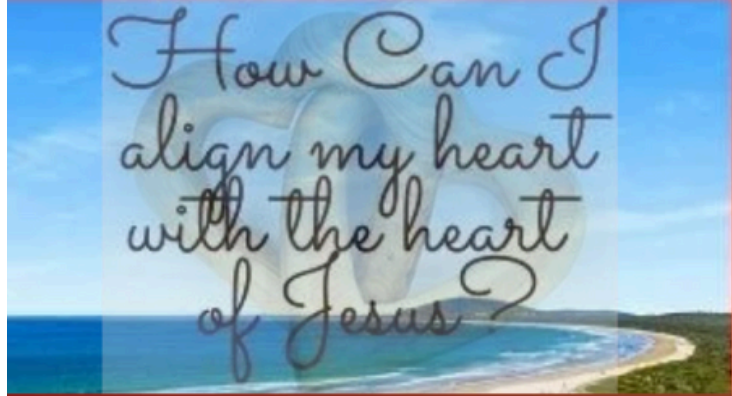
## Items for individual snack packs

Popper juices	Packets of sultanas
Tins of tuna	Fruit cups
Cuppa/sachet soup	Muesli bars nut-free
Instant noodle cups	Biscuit packets (e.g. Tiny
Indiv. chip packets	Teddies or Shapes)
Le Snak packets	

## Winter Warmth items needed:

Hand Warmers	Beanies
Winter Scarves	Socks

**Please leave any donations in the box at the back of both churches during the month of June.**  
**Thank you!**



LINDFIELD KILLARA PARISH RETREAT

YOU ARE INVITED TO A WEEKEND OF PRAYER  
AT JESUIT VILLA, GERROA BEACH, NSW

**Fri 29 Aug 6pm to Sun 31 Aug 2pm**

Cost: twin share rooms \$250 per person  
Meals and linen provided. Share bathrooms.

RSVP: expressions of interest by 20 July 2025  
to - [info@pwpnaustralia.org.au](mailto:info@pwpnaustralia.org.au)

Payment details will be sent to you



Pope's Worldwide Prayer Network  
AUSTRALIA

[www.popesprayer.va](http://www.popesprayer.va) [www.pwpnaustralia.org.au](http://www.pwpnaustralia.org.au)



## Parish Finances ....

With just a week left before the end of this Financial Year please consider any 'catching up' that may be needed to ensure that both our First and Second Collection incomes have a good result and set us up well for another year of parish life and ministry.

The regular notice on **page 6** sets out all the ways that contributions can be made or just click on the box 'Supporting Our Parish Financially' on the homepage of our parish website ([www.lindfieldkillara.org.au](http://www.lindfieldkillara.org.au)).



## Children's Mass helpers

If you would like to be a welcomer at the children's Mass, which means standing at the doors of the church before mass and saying "Welcome" to parishioners with a smile, please email Kate at **[youth@lindfieldkillara.org.au](mailto:youth@lindfieldkillara.org.au)**



"Alpha was an unexpected blessing! ... [it] was more than just a program — I discovered a community of loving believers, journeying together toward a solid, confident awareness of God's love. Every day now, I feel no doubt about how deeply I am loved and cared for by God. This divine love extends to all people, without exception. It's like knowing you have the best friend imaginable — one who brings immeasurable joy and reassurance.

Alpha has been a transformative experience, and I wholeheartedly recommend it to everyone seeking a deeper relationship with God."

*Trish Rodgers (recent Alpha participant)*

For more information contact Teresa:  
[alpha@lindfieldkillara.org.au](mailto:alpha@lindfieldkillara.org.au)

**Save the date**

**Tuesday**

**5th August 7:00pm**

Alpha

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**Lindfield Dental Practice Dr Peter Chung**


Suite 1.345 Pacific Hwy, Lindfield (Next to Lindfield Medical Practice) P : 9416 5000

# High School Christmas In July Party

Join us for a fun, festive Christmas in July celebration with:

- ✦ Potluck Dinner – bring a plate to share!
- ✦ Christmas Sweaters – the uglier, the better!
- ✦ Christmas Movie & Games – prizes to be won!

 **Date: Friday, July 25th**

 **Time: 6:00 – 8:30pm**

 **Location: St Brigid's Hall, Lindfield Parish**

**For all students in Years 7 to 12.**

Bring your friends, your best Christmas sweater, and your holiday spirit!  
Let's celebrate Christmas in the middle of winter – because why not? 🎁

RSVP or questions? Contact Kate at [youth@lindfieldkillara.org](mailto:youth@lindfieldkillara.org)